



July 2009

SUBJECT: WORLD CONGRESS WORKSHOPS FOR MEMBERS

Hello one and all:

As the congress approaches we are beginning to focus on the selection and facilitation of the workshops for members programme (as distinct from the delegate working parties). These workshops will run through all of congress to create a maximum benefit for all. The World Subud Council has come up with a structural format; now we need your input, commitment and ideas to give it content. Together we hope to further the growth of individual Subud members as well as the Subud organization. Your contributions will be welcome in several ways.

FACILITATORS

The WSA has a number of member workshop proposals that will need facilitators. These are workshops that have been identified by the various Wing executives and others to answer the needs and requests of those aspects of the Subud organisation. The overall focus is to enhance the function and results of the activities in our daily lives and in the world at large, and to understand the connection of these activities with our latihan and receiving. You will find a more detailed current list of ideas attached.

THEMES and IDEAS

One focus will be on helping members to allow the guidance received in the latihan to be more present in their lives, such as in relationships between women and men, family life, inter-generational relationships, or to help them express their talents through arts or business, as well as understanding Bapak's talks and his book *Susila Budhi Dharma*.

Another focus for the member workshops will be Subud activities, including the wings and affiliates: supporting projects, nurturing initiatives, business sharing and exchange, youth gatherings, and so on, as well as specific subjects such as education, health, environment, development, science and technology, models of business & entrepreneurship, inter-religious and inter-spiritual dialogue, or exploring how to recognise and develop our creativity.

There is also a suggestion to have a series of training and sharing sessions for members who are interested in building their capacity as helpers, zone councillors, national chairpersons, and other roles in the Subud organisation. These sessions might include sharing on how to communicate well, how best to facilitate meetings, effective conflict

resolution, the function of the treasurer and local fundraising strategies, best practices in local Subud houses, or how to describe Subud to friends and family.

WSA is also open to suggestions from all members for themes they feel need to be addressed in a workshop for members. Please submit your ideas and we shall endeavour to see whether they already fit within the framework being established with the Wings, or whether it is a new subject that needs to be addressed.

We also want to hear from those of you who have your own workshops and seminars to offer. Please submit your request as soon as possible so that we can coordinate a smooth and rich programme of activities. Whatever your proposal, we hope it will still be connected to the expression of the latihan in daily life. Has your latihan inspired you to express yourself through calligraphy and do you wish to share this with others? Do you yearn to share the wisdom you have received on a given subject, and hear the perspectives of others? Do you wish to run a workshop where participants will work together creatively on a specific project? Or do you simply wish to share your new inner understanding as to why vaccinations are counter indicated? These could typically become part of a relevant wing program/workshop or not.

All proposals will be welcome, considered and respected, subject to space and time availability.

TIMELINE and CONTACT

For all of these different suggestions we need you, the experts and enthusiasts, to come forward and offer your time, skills and proposals to help facilitate the desired outcome. Please make your submissions by the end of August, so that we can begin sorting and consolidating them.

In order to start the process of getting a workshop on the programme or to assist with a previously suggested workshop, simply send me an email stating as much and I will email back the necessary form for you to fill out. The email for congress workshops is: programme@subudworldcongress2010.com.

Miranda Wilson
Workshop Coordinator

P.S. Again, please note that this letter refers to congress workshops for members, not the official delegate working parties.

CONGRESS CONTENT BRIEFING PAPER

WORKSHOPS FOR MEMBERS:

Whereas past Congresses provided a free space for informal workshops, the World Subud Council has proposed that for this Congress, there be WSA sponsored workshops directed towards the needs of Subud members and the development of Subud. These workshops would be experiential, interactive, and dedicated to major themes such as: the use of the latihan in everyday life, sharing experiences, developing projects, and capacity building.

The WSA executive will work with the ‘wings’ and other parts of the organization to develop a unified Congress program regarding workshops. Thus WSA sponsored member workshops can be co-sponsored with say SICA and SDIA or we can leave the sponsorship open and simply signal that these are WSA workshops for members.

The WSA and wings will invite Subud members to facilitate these workshops in the following three general areas. These workshops will be open to all members and will take place throughout the Congress, and would be part of the official congress program. The general topics listed here are ONLY examples. Obviously, each workshop would have a more specific theme or focus, which depends on what parts of the organization and individual members are willing to offer.

A) The Latihan in one’s Life:

- 1) Using the latihan every day
- 2) Men-women relationships
- 3) Family life
- 4) Latihan and work
- 5) Latihan and talents
- 6) Surrender
- 7) Expressing artistic talent from within such as Free form singing and Painting from the inner and Spontaneous dance
- 8) The relevance of Bapak’s and Ibu’s talks and the book Susila Budhi Dharma
- 9) Expressing susila dharma in our everyday lives

B) Subud Activities Themes

- 10) Supporting Projects
- 11) Nurturing Initiatives
- 12) Business sharing
- 13) Young people sharing
- 14) Meetings related to business exchange
- 15) Meetings for young people organized by young people related to Subud

C) Themes of interest for the proposed WSA Forum

- 16) Education
- 17) Sustainable Development
- 18) Health
- 19) Seeing creatively
- 20) Inter-religious and inter-spiritual dialogue

- 21) Models of business and entrepreneurship
- 22) New technologies and societal impact
- 23) Global governance and the United Nations

D) Capacity Building Workshops

There will also be capacity building and sharing sessions as part of the Congress schedule. The purpose of these is to build capacities rather than to discuss and share information. Some of these capacity building and development sessions would be on the official capacity building day (Organizational Capacity Building Day, Sunday 10th January), when delegates are available (such as 1 and 2 below). Others that do not involve delegates could be spread out during the Congress (such as 3-9).

Here are some examples of possible capacity building sessions:

- 1) National chairperson's role (including international participation)
- 2) Zone council role
- 3) Bringing a local Subud group together, including chair role.
- 4) Facilitating meetings
- 5) Conflict resolution
- 6) Treasurer's function and local fundraising
- 7) Best practices and Subud houses
- 8) How to describe Subud to friends and family (sharing experiences)
- 9) Understanding better the helper role

Recommendations from Workshops: We suggest that if workshops (as opposed to WSA delegate working parties) have recommendations for the WSA organization then they would send those recommendations to the new World Subud Council rather than to the Congress Plenary. The reason for this is to keep the official work of Congress to a minimum. Workshops would be encouraged to complete a sharing-form so that others can know the content and results of the workshop.

In addition to these "official" workshops for members, the Congress would reserve some limited time and space for non-official workshops, which the WSA or other aspects of the Subud organization does not sponsor.