

**SUBUD AUSTRALIA E-NEWS**

**NOVEMBER/DECEMBER 2009**

**Message from the National Chairman:**

Best wishes to everyone for Christmas and New Year from the National Committee.

We're looking forward to seeing lots of Australians in Christchurch in January.

We say goodbye and thank you to Leonora Raven, who finishes up as National Secretary at the end of this year, and we welcome Frances Khuna who will be taking over this role.

Peter Jenkins

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Dear Brothers and Sisters,

It has been a great privilege bringing news items to all of you regularly.

The November issue had been delayed and it seemed like a good idea to combine it with December. This month has been a bit dry as we had very little information sent to us that we could bring to you.

It is the end of another amazing year which began with our own 2009 Australian National Congress in Melbourne. This was also a springboard for some members of the World Congress Organizing Team (COT) from New Zealand who took the opportunity to spruik the much awaited 13th World Congress in Christ Church.

We were shown attractive and inviting pictures of the various congress venues. They talked about adventurous trips to the Lord of the Rings cinema sets and locations. Everything sounded exciting. Those of you planning to go to Congress are in for a real treat.

It is uplifting to hear that many of you are singing in the Choir. Dahlan Foah is an acclaimed conductor and organizer of large events. So this is going to be something to look forward to.

I hope to see some of you who will be at Congress 2010.

I take this opportunity to wish you all a Merry Christmas and a peaceful and blessed New Year.

Rohana Fraval  
Editor

**NEWS FROM AROUND AUSTRALIA:**

**BRISBANE**

Roseanna Jansee is the new Chairlady of Brisbane. She has just announced her committee.  
Vice Chair: Myrna Buckingham

Secretary: Lilliana Williamson

Treasurer: Frances Linden

She says: We feel very blessed to have a full complement of energy and enthusiasm!

Luckily for us, Muftiah and Myrna Buckingham are back in Brisbane after a stint running a highly successful eatery in Byron, which meant our pre-Christmas lunch was professionally catered by these two talented women.

Our hall, decorated beautifully, we came together to eat, drink and sing Chrissy carols in the time honoured way: lustily or off-key or, in my case, both.

Helen revealed to us her exceptional talent by reading her wonderfully evocative poetry.

The following weekend a Gardening Bee was organized. It was too hot to garden. We decided lunch would be more fun. Another gourmet meal.

We're getting used to it!

This is grassroots Subud in action – sharing and doing with generosity of spirit and coming together to make “good things” happen. Remember Jimmy Little:

“From little things big things grow” .

I would love to think that could happen.

Salamah quoting her father: “ Lots of small people doing lots of small things make the world a better place”

We need a better world!!

(Amen. ed)

### **ICDP AUSTRALIA A PROJECT OF MORNINGSIDE CARE**

Thanks to Almighty God for all His Blessings.  
Subud Australia now has a Charity Project!

Many thanks go to Muhsin Raven who took all the necessary steps to get ICDP Australia registered under the umbrella of Morningside C.A.R.E. He came several times with Leonora to our steering group meetings in the childrens House of the Clearview Centre. We, the ICDP Steering group and the Ravens had dinner together, discussing what needed to be discussed. It was so light and a happy process. Muchsin even organised our Westpac ICDP account.

Good bye to the Steering Group! We are now called:

### **ICDP AUSTRALIA MANAGEMENT BOARD** consisting of:

Anne Moore, Roland Blauensteiner, Alex Blauensteiner, Roland Kidman, Renee Goetz. We have a legal financial structure under Morningside C.A.R.E. We can fundraise, train, we even have a beautiful website:[www.icdpaustralia.org](http://www.icdpaustralia.org)

In October we had the second training session again in my house in Redland Bay. It was very intensive, concentrated work all day for three days. The rules were set for the self training the trainees have to do

to prepare for their diploma course: 6 sessions with families with children, filming of some of their work. If all goes well, the trainees may achieve to get their diplomas after their next course. Lailah had again come from London, having only just returned from Peru.

Lailah added an extra two days to work with Shan who does Micro Credits in the Philippines. His aim is to train mothers who receive microcredits in ICDP to achieve two things, get people out of poverty with the micro credits and at the same time guiding their children to become strong and self confident adults. It was another intensive two days to combine the two systems.

The next day Roland Blauensteiner and I took Lailah site seeing in Brisbane. We had a great day relaxing, admiring, experiencing, trying things. e.g. I took Lailah and Roland to a shoe shop where they could try the Massay Body Technology shoes. A Swiss man had observed the massay women walking long distances to get water. Based on his observations he built a very special shoe which I had discovered some years ago in Switzerland. They are so comfortable and body correcting. Roland who had had a painful foot since childhood wore them immediately. Now he does not feel his bad foot and he can finally walk as much as he likes. The same for Lailah, she did not want to take them off again - he best way to get rid of knee, hip, foot, back pains.

The next day the three of us took a barge to Stradbroke Island and enjoyed a day walking along the board walk to the beach. The beach was closed for swimming as it was too dangerous. We walked along the beach, partly in the waves. When hungry we headed to an excellent fish and chips shop. We enjoyed being alive in such wonderful nature. Next day Lailah flew back to England to prepare her next journey to Peru and Guatemala. There are two or three women in Peru setting up ICDP. They went with the idea to pediatricians and midwives and it took off like a house on fire.

We now have an account facility with charitable status. Because of regulations and accounting procedures for tax deductible donations, including specific details which must go on the receipt, the money donated for ICDP should go through the account of:

Morningside C.A.R.E. Inc  
Westpac Bank  
BSB 032-536  
Account 156368

When people make a donation into this account for ICDP Leonora will issue a receipt from Morningside C.A.R.E. and transfer the money into the ICDP-Australia account.

We may deduct our donations from our taxes.

I wish all my brothers and sisters a very blessed Christmas time.

I hope to see many of you at the World Congress. I will now enquire whether ICDP has a presentation booth at the Congress.

much love

Renee Goetz  
ICDP Australia

## **CANBERRA**

**Harlinah Longcroft had invited the group to lunch, to celebrate her 50th Subud birthday. Haryanti Stuart, visiting from Wales, was there to greet everybody.**

**So far, 19 members definitely headed for Christchurch World Congress and a few of them will be singing in the choir there.**

**Canberra has very few openings, but recently Andrew Hanbury-Sparrow joined our ranks.**

Message from Maxwell:

Canberra Project:

Calling all young and able bodied people. We are planning on building a retaining wall, tentatively on 18 February, 2010.

Occupational Health and Safety induction course will commence on the 18th. The fee for this course is \$80 per person. The Canberra group has decided to subsidise the cost. This is serious stuff. Without this certificate, no person will be allowed on the building site.

## **MELBOURNE**

Melbourne Clarinda (Heatherton) has three new members. Sedigh was opened a month ago. We have Jo and Bill, a married couple, whose three months waiting period came to an end on the 2nd of Dec. They were opened a few weeks ago.

Dane was opened two weeks ago at Templestowe.

### **Property Development:**

Regarding progress on the development of the Heatherton property, discussions are still going ahead as to what plans would best suit the membership.

## **PERTH**

Bavali writes:

On Sunday 18th October, Subud Perth gathered for a celebratory tea and cake and said 'Goodbye' to Sophia and Andrew Blake, who are relocating to Melbourne. Sophia began a new Head of Department job at La Trobe University and Andrew will join her a little later after he completes his business arrangements in Perth.

Both Sophia and Andrew have contributed much to our Group over many years. Members shared tender stories, much laughter and reminiscences, as they gave thanks for the many ways in which both Andrew and Sophia have given of themselves, their time, expertise, support and energy. Sophia has more recently been a Helper, but also has been Perth Chair and served for 2 years as National Vice Chair

As a going away present we gave the Blakes an A3 size framed photo of Perth's Rug, which was a communal creation, and made to be auctioned at World Congress in Christchurch in January 2010, as a fundraising effort for sun ovens in Africa.

To see photos of the rug, try the link below, or type "Facebook" into your browser, search for Bavali Hill and ask to become a 'friend'. 8 photos of the rug and our Perth Grop are at this link.

<http://www.facebook.com/profile.php?id=1036862877&ref=mf#/photos.php?id=1036862877>

Rohana Hutchings sent in this bit of news:

Perth News

Two major events in November.

We had a great visit from the National helpers, lots of latihan and testing . Forty for lunch at Hilltop

Farm and thirty-six at the evening barbecue. The men enjoyed a session with Peter Jenkins, hearing some of his ideas for the coming couple of years for Subud Australia, on Sunday morning, after a special latihan for our new young members. The women had another session with Liliana and Lydia at the hall. Thank you all for coming and working so hard.

On 29th we met after latihan for a continuation of our search for a Chairman. We were fortunate to have four candidates and thank them for their willingness to stand. Our new Chair is Ethan Daly and we all wish him well for his coming term of office.

Our other great news is the birth on 29th Oct. of Magnus de Selincourt to Emmanuel and Deena. Our love and prayers to Magnus's family.

## **SYDNEY**

Knit off runs:

The SICA sponsored knitting challenge which has invited groups around Australia to get teams of knitters together to make rugs has been a great success. Rugs have been donated from Brisbane, Perth, Northshore, Sydney & Wollongong groups with more promised from Canberra & Melbourne.

Rugs from around Australia have finally found their way to Sydney and they are FABULOUS!. We had a display of them - 7 rugs at this stage - at Sydney (Newtown) hall a few weeks ago along with a fundraiser lunch for the Solar Cooking cause. It was a delightful day. Pictures of the rugs will soon be on the SICA page (under crafts) of the website: [www.subud.org.au](http://www.subud.org.au)

The rugs will now be transported to Christchurch to be auctioned & raffled at Congress to raise money for a Solar Cooking charity. There will also be a Solar Cooking demonstration & promotion at Congress.

I would like to send heartfelt thanks to all those who have contributed their time, wool & support to this project...Its been a terrific effort!

love & best

Vivienne Jacobs (Sydney group)

## **WOLLONGONG**

The Kennedys sent in this amazing story of their motorbike adventure touring Australia. Oliver and Alena Kennedy (Wollongong group) have reached Perth after 4 months of travelling around Australia. After exploring the wonders of the south-west they will turn their motorcycle east to be home by Christmas.

In June this year Oliver took leave from work and they started their anti-clockwise journey around the continent, with a BMW1200C, towing a small trailer which carries their camping gear. Their idea was to spend most time in the remoter north, central and western regions and to make it out of the tropical north-west by September. They intend to spend more time in the east and south on shorter trips in the future.

Highlights of the journey up to date have been snorkeling in the Barrier Reef; exploring the gorge, walks and fossil sites at Lawn Hill National Park (Qld); walking around the iconic wonders of Central Australia & camping in the red sand dunes under masses of stars; a helicopter flight and walks through the striped bee-hive domes of Purnululu (Bungle Bungles) in the Kimberleys; snorkeling amongst colourful fish, corals, octopus and reef sharks just off the beach at Ningaloo Reef (WA); exploring wonderful gorges in the Pilbara (Karijini NP, WA); seeing Kalbarrie NP (WA) heathlands in flower in

an unbelievable range of colours) and meeting or staying with people.

While Oliver and Alena were not able to visit all of the Subud friends that they would have liked to, they were very fortunate to catch up with a few. Inland from Cairns, on the western side of the Great Dividing Range is a small village called Mt Carbine. Nestled in the savannah woodland is a caravan park owned and beautifully run by Faustina (was Jennifer) and Robert Waterhouse. They were welcoming and Faustina was clearly happy to be visited by (and have latihan with) a Subud member.

In Alice Springs they were welcomed to Mardijah Simpson's home for several days. Eleanor Marshall in Darwin put them up as well, kindly taking them to Mindil Beach markets and art exhibitions. Here in Perth the Kennedys have been staying with Abdullah and Salamah Pope and have visited Hilltop Farm; made new friends and caught up with old ones thanks to being given opportunities to meet them.

In Perth Alena was grateful for the first group latihan she has experienced since leaving home. While enjoying a few lovely ones under the stars she also feels that the latihan has been present in her everyday appreciation for all they have experienced: in her relationship with Oliver; awareness of herself and challenges to grow; delight and wonder at the incredible diversity and beauty of the natural world and opportunities to befriend and care about complete strangers, as well as to receive the love and friendship of those she knows.

Oliver and Alena expect to visit Adelaide and to be in Melbourne early in December, where they will stay with family members Dianne (Heatherton group) and Kevin Kennedy. They hope to catch up with Subud folk there before heading north to be reunited with family and friends in Wollongong. Alena's email is [alenasart@gmail.com](mailto:alenasart@gmail.com).

### **SUSILA DHARMA INTERNATIONAL:**

A letter from Ariana Susanti, the chairlady of Susila Dharma Indonesia:

Dear Friends,

The past few months have been difficult for our region. Typhoon Ketsana ravaged Vietnam, Cambodia, Laos and the Phillipines - the worst typhoon in our region in decades. A powerful tsunami, ravaged Samoa with terrifying results. And here in Indonesia, we have suffered a number of destructive earthquakes, the most devastating being in West Java and West Sumatra.

On 2 September an earthquake struck Tasikmalaya in West Java and the effects spread throughout many surrounding villages, destroying infrastructure and public utilities. Thousands of people are displaced, many living in make-shift tents near their destroyed homes, or with their families. Read on in this newsletter for details about SD Indonesia's activities in this region.

Just weeks later, a strong earthquake struck just off the southern coast of Sumatra. Over 1000 people are now confirmed dead and more than 200,000 homes were severely or moderately damaged. SD Indonesia has responded with a relief strategy to provide clean water and other assistance to the victims of this terrible tragedy. For more details please read on.

I'd like to thank you all for your support through this challenging time; with your help SD Indonesia is making a real contribution to the many people struggling in Indonesia today.

Ariana Susanti

## **PARLIAMENT OF THE WORLD'S RELIGIONS**

Monday, November 9 was the penultimate discourse on the pre parliament event of the Who Am I series in Melbourne before the commencement of the Parliament of World's Religions in December.

The theme was Who am I in a multireligious society? It dealt with religions across generations.

'Vibrant speakers from the Muslim, Sikh and Jewish communities reflect on religious identity across the generations.'

There have been monthly sessions all through 2009 culminating in the exciting global event at the Melbourne Convention and Exhibition Centre from 3 - 9 December. This has just come to an end. What an amazing week it has been. (See separate report).

Speakers of great distinction included the Dalai Lama, and other distinguished members of the public.

Murray Clapham chaired the Subud presentation. Osanna Vaughn, our World Subud Council chairlady opened the Subud presentation. Many Subud members from all over the world including Tuti Horthy, Simon Guerrand, Sharif Horthy, Liliane Tavakiliane, Patrice Brodeur, Alexandra Asseiley and Sharifin Gardiner participated in the presentation.

As the presentation came to an end, one person asked "how can I join"? Those people interested to know more were asked to return for explanations about the latihan. I hear one person was opened that night.

The Parliament is not about religion (Subud is not a religion) as much as spirituality and multifaith, bringing people of different ethnicity together, respecting and embracing other opinions. It was a great opportunity for us Subud members to participate in this global event being held in Melbourne.

There were over five thousand people from all over the world who participated in this event. Maybe next time Subud members could be more interactive now that they know what the Parliament is all about.

## **2010 WORLD CONGRESS NEWS**

**From Arif Mathee:**

### **MORE SIGHTSEEING AND TRAMPING DURING AND AFTER THE INTERNATIONAL CONGRESS**

The Congress Organising Team will be organising further sightseeing and tramping (walking) trips. Besides the already advertised trips to Akaroa, Kaikoura and Hanmer Springs, the following will now also be offered.

1. An **easy** sightseeing **DAY trip** to Arthurs Pass (two hours drive from Christchurch) going through the spectacular Otira Gorge by bus with several short walks in the Arthurs Pass area such as the walk to the Punchbowl falls. This will give members a real appreciation of the spectacular scenery of New Zealand.
2. A **moderately demanding DAY trip** in the mountains close to Arthurs Pass. This tramping trip to the BEALEY SPUR is for fit members who can walk for six hours. The height you gain is about 850 meters. You will have panoramic views of the Southern Alps of New Zealand as result of your

efforts.

3. **A three day OVERNIGHT trip after the congress** (18<sup>th</sup> till 20<sup>th</sup> of January) to Arthurs Pass with several **moderate and demanding** options for tramping with spectacular views of the Arthurs Pass area and the Southern Alps. Together with other experienced Subud trampers you will be staying in a hut for two nights in Arthurs Pass. You must be fit and prepared with equipment (we will provide a list) for this trip. (maximum of 13 members). This trip will be offered if there is enough interest.

Please advise us if you are interested in the **OVERNIGHT TRIP** by sending an E-mail to:  
[transportation@subudworldcongress2010.com](mailto:transportation@subudworldcongress2010.com).

We look forward to offer you these trips in January 2010!

**Announcement:**

**Azaria** will be editing the January 2010 Australian Newsletter. Watch out for new developments.

**MILESTONES**

**Ed and Alfathah Kerner** have been moved to a new aged care facility. New address from 13th November is:

Homewood Residential Aged Care

6 - 8 Young Road

Hallam, Victoria 3803

Phone: + 61 3 8795 7825

Ed and Alfathah would love to receive letters and cards from you

**Births:**

"This is just a quick email to let you all know that Joshua Oliver McDonald arrived on Wednesday 21 October at 10:48pm. We had a water birth at home with a nice, quick (but still very painful!) labour of 2hr 15 min. He was 5lb 14 oz (3.585kg), head 35cm, length 55cm. He looks just like his older bro but with darker hair.

Love

Irma (nee Raven)"

**Hadrian Fraval's 60th birthday** in November, was celebrated by a surprise poolside party. It was well attended by members from the three groups in Melbourne and a sprinkling of non Subud friends. One of the presents given to Hadrian was an ornate, blue walking stick "It is downhill from now on, mate" said Alex, his colleague from work.

**Weddings:**

Ratna Wheelton and Gary Mezzacappa were married at the Uniting Church in Black Rock in Melbourne on the 5th of December.

The reception was held at a beautifully decorated Heatherton Subud hall. The radiant bride looked

stunning in a traditional Indonesian wedding kebaya. Ami, Frederika and Sandra were her bridesmaids, dressed to match.

Wedding guests included Subud and non Subud friends and family.

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Please send photographs and articles to:  
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