

SUBUD AUSTRALIA E-NEWS JULY 2010

Letter from the Chairman:

I recently wrote to Ibu Rahayu inviting her to attend the Subud Australia Congress in Canberra, January 2011.

Ibu replied (via Muti Lee) that it is too early for her to decide now as her travel depends on her physical condition, and she will let us know closer to the time.

Peter (NC)

Peter Jenkins
peterjenkins4@gmail.com

SUBUD ADELAIDE CENTRAL

Subud Adelaide Central is remembering
Beloved and Revered BAPAK's Birthday on Saturday 17 July 2010.
All members of Subud Adelaide Group are invited.
This year circumstances do not allow us to hold
Selamatan for Bapak's Birthday around the 22nd June,

SUBUD ADELAIDE SOUTH NEWS:

Davina Agege writes to say:

I forgot to mention in the last edition that two Subud Adelaide members undertook teaching contracts earlier in the year in regional and remote areas of SA. Josephine R is currently working with TAFE SA in Ernabella in the APY Lands (located in the far north west of SA) and Imron Comey is working in Broken Hill. Both are probably a bit isolated and would love visitors - it may be hard to visit Josephine as you will need a permit to enter the APY Lands but if anyone is passing through for work then pop in! :)

The Adelaide group are also having initial discussions about how best to manage their Subud property. They will keep everyone updated on progress and may ask for advice later down the track re what has worked for other groups.

(APY stands for Anangu Pitjantjatjara Yankuntjatjara - I know a bit about this area because I work in Indigenous Affairs in SA through the Federal Government. It is

Aboriginal freehold land which crosses into WA and NT as well as SA. About 2500/3000 Aboriginal people live in the 11 communities and a number of homelands located there.)

Thanks

Davina

DARWIN:

We have had a national helper visit this weekend (2-4 July) which was greatly appreciated by group members here. Lucy, Alfia, Markus and Nahum came and we want them to know their visit was very helpful and gave the opportunity for some group issues and some personal issues of members to be addressed.

Best wishes from Darwin to everyone else.

Love Elinor.

MELBOURNE HEATHERTON

Andrew is now the new chairman of Subud Heatherton (Clarinda). Andrew and Sophia have recently relocated to Melbourne from Perth.

Rohana Bourne sent in this very vibrant and moving hymn:

HE WHO WOULD VALIANT BE

By John Bunyan (1684) and others

He who would valiant be

‘Gainst all disaster,

Let him in constancy

Follow the Master.

There’s no discouragement

Shall make him once relent

His first avowed intent
To be a pilgrim.
Who so beset him round
With dismal stories,
Do but themselves confound—
His strength the more is.
No foes shall stay his might,
Though he with giants fight:
He will make good his right
To be a pilgrim.
Since, Lord, thou dost defend
Us with thy SPIRIT
We know we at the end
Shall life inherit.
Then fancies flee away!
I'll fear not what men say,
I'll labour night and day
To be a pilgrim. Amen.

Perth E-News July 2010

On the third Sunday in June (Perth's SICA Sunday), Salamah gave a well-received talk on her studies of Bapak's cosmologies, what they are and how we can use them. She also touched on the importance of SICA as a tool for the future. This is the first of three workshops Salamah has generously offered.

Sunday 27th Birthday Celebration for Bapak was very successful, attended by approximately 40 members and family. After a simultaneous Latihan, Simon led the Group in a multi-faith prayer of thanks, after which a 1983 video of Bapak was viewed. Many members contributed with a wonderful array of food, and decking the tables with colourful cloths, Autumn leaves and flowers. Lavinia, as our most senior

member, blew out candles on Bapak's birthday cake and the many children sang "Happy Birthday" in both English and Indonesian.

Welcome to Harun, who has been recently opened. Harun is the son of Deena and Emmanuel.

SUBUD TASMANIA:

Our long term members Rohana and Anna are not meeting with the group anymore and won't in the foreseeable future. Lucy Hayward attends weekly when she is not away on National Helper visits and Norachai has come down as well to latihan with Oliver. He is set to leave us soon so the members who are regularly meeting are really Lucy, Oliver and myself at this stage. We have contacted other members in Tasmania recently and hope that they will respond and join us. It's early days and having come from Darwin where we had a lovely hall to practice in I think that a regular reliable venue could make a big difference to the group. I hear that winter is also a slow time for locals with the cold etc so the springtime could bring a new wave of attendance. We are feeling optimistic! Officially we have 10 members, with one living in another part of Tasmania and one scheduled to move.

Blessings

Audrielle

SUBUD WEBSITES INFORMATION FROM MUHSIN

SUBUD WEBSITES INFORMATION:

Those of us with a computer and internet connection have probably browsed a few subud web sites. Here is a short and incomplete list with possibly something you have missed in the past. If you would like to forward any other interesting or indispensable links I will maybe promote them in a future ENews, Muhsin muhsinr@gmail.com (committee councillor)

<http://www.subud.net/> This is a public site, meant to be a resource for subud members. You can find minutes from the World Congress, frequently un-asked questions and much more.

<http://www.subud.com/> A key site for members of the public to find out about Subud, with a separate link to more info about both the spiritual aspect, and the organisation.

<http://www.subudlibrary.net/> The Subud Library contains over a 1,700 talks etc by Bapak, Ibu Rahayu, and others with translations in several languages. Access is via an easily obtainable password. The talks also have a search engine for particular words or phrases.

<http://www.subud.org.au/> The official website of Subud Australia, with stories, photos, links and a members only section. The editor is Bavali.

<http://www.subudprojects.net/> Currently has info about maybe 50 or 60 very interesting and diverse Subud projects in Australia and around the world, with some excerpts from Bapaks advice, and information on how to register a project.

[Message clipped] [View entire message](#)

IBU RAHAJU ON FASTING:

"Well, as it happens, we are fasting, so I wish you well with your fast and of course for those of us who are Muslims the fast is an obligation.

But perhaps some of you are not Muslims, or of the Islamic faith, yet you fast too. It is normal for Subud members from other religions, in Indonesia and overseas, to do so, because when we look at or consider the fast from a spiritual perspective, it is a beneficial training for the human soul. This is because through fasting we have the chance to know or feel our true self. By this I mean that when we fast we separate from our desires, we work to set aside our desires. It is as if our desires are before us, they are in front of us.

Then we can feel and sense the benefit of the fast. In this way we can understand and gauge how it is when we do not use our low forces and how it is when we are under the influence of the low forces. So it is as though we can know our true state, that is through the difference between when we fast and when we don't fast.

So, fasting is training, a training that can be termed, "training for the soul to separate from the passions". So even for a non-Muslim, the fast has a benefit. As such, brothers and sisters, if some of you fast, don't feel that it is out of place to do so, because it is in truth the will of your soul.

I explain this, brothers and sisters because this fast that we follow for one month is relevant for us in Subud."

Milestones:

Baby boy Thomas to Hamilton and Chrissy in Melbourne; grandson to Maxwell and Asmaniah of Canberra.

**Please send all news items before the 10th of August to the editor at:
<rohanafraval@gmail.com>**

Apologies to those whose articles have not featured in this issue of E-News.

--

Dr. Rohana Fraval
150 Centre Dandenong Road
Dingley 3172
Australia

Tel: + 61 3 9558 0948
mob: + 61 (0) 420422184